

Negotiation



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What is negotiation?

Principled negotiation:

Separate the people from the problem Focus on interests not positions
Create options for mutual gain
Use objective standards
Know your BATNA

Core concerns
The zone of possible agreement
Persuasion
Distributive and integrative negotiation
Negotiation and conflict styles
Empathy

2. Separate the People from the Problem and Core Concerns

YOUR CASE

Draw a negotiation scenario from your work or life that you are thinking about

Write down / visualise key stakeholders and timelines

Separate the people from the problem

a note on the word problem

keep the emotions out

he's too emotional

focus on the issues

emotions get in the way









- 1. perception, interpretation and assumptions
- 2. emotions
- 3. communication

negotiation, workplace and leadership skills

1. perception, interpretation and assumptions



cognitive bias



assumptions we make

judgements of other people

2. emotions

emotions are never wrong there is no point disagreeing with emotions there is always a reason for them



let people tell their stories be interested in how they feel let off steam

Separate the People and the Problem

deal with people directly

Fisher and Ury say:

don't let emotions or (difficult) relationships lead to substantive concessions decide the outcome on its merits

3. communication:

not listening not talking directly not asking enough questions misunderstanding

Leaders who don't listen will eventually be surrounded by people who have nothing to say

Listen to understand not to reply

Listen actively, ask questions, summarize, check you have understood correctly. Only answer when you have understood.

Ping and Pong

Ping talks about Ping

Pong talks about Pong



Ping talks about Ping



Pong listens

Pong talks about Pong



Ping listens

It is about focus, and separating out the two stories

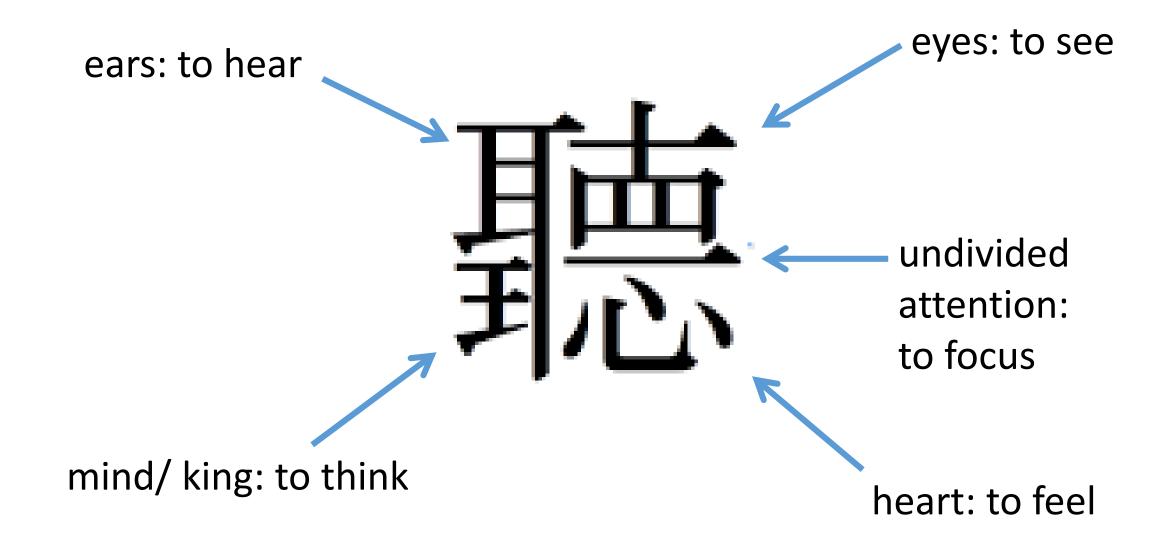
Listening bad habits

- I often interrupt
- I jump to conclusions
- I often give advice, even when not requested
- I answer with arguments
- I am impatient
- I am already thinking more about my response
- I try to change the subject to something about me
- I answer with a story about myself





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it is all about listening and empathy

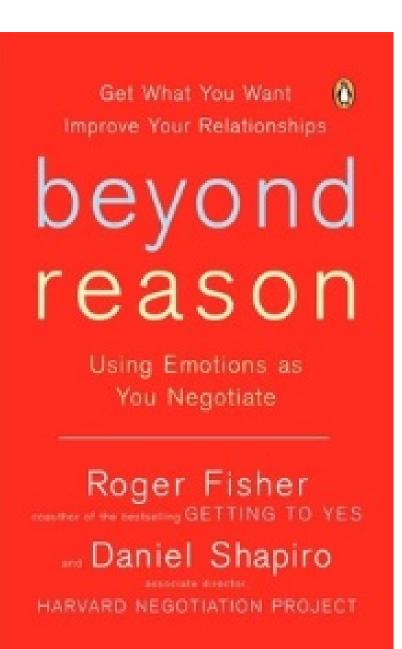
cognitive and emotional empathy understanding is not agreeing

YOUR CASE

if your partners in this negotiation were to tell their story, saying how they see the case, and how they feel, and you could listen, what story would they tell

Core Concerns

Roger Fisher and Daniel Shapiro, *Beyond Reason*. *Using Emotions as You Negotiate*



Five Core Concerns

APPRECIATION

Are thoughts, actions, feelings valued or devalued?

AUTONOMY

Freedom to decide respected or restricted?

AFFILIATION

Is a sense of belonging fulfilled?

STATUS

Is status acknowledged and respected?

ROLE

Are roles meaningful?

YOUR CASE

Do the core concerns matter?

a final thought

is empathy strategy?

rational choice theory